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# STATISTICAL REPORT

of the

# ALBERTA ALCOHOLISM AND DRUG ABUSE COMMISSION

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## EDMONTON REGION

### Out Patient Clinic

| | | |
|---|---|---|
| Case load | 4,392 | |
| Counselling interviews | 5,904 | |
| Medical interviews | 5,706 | |
| Group therapy | 1,966 | Total: 17,968 |

Staff: 18

### Edmonton Day Clinic

| | | |
|---|---|---|
| Case load | 1,827 | |
| Counselling interviews | 998 | |
| Medical interviews | 611 | |
| Group therapy | 1,180 | Total: 4,616 |

Staff: 5

### Intoxication Recovery Centre
(September to December, 1973)

| | | |
|---|---|---|
| Total new patients | 379 | |
| Total return admissions | 117 | Total: 598 |

Staff: 21

### Community Services

| | |
|---|---|
| Programs (Schools, 125; Community groups, 73 Professional groups, 27) | 225 |
| Clients | 7,578 |
| Pamphlet distribution (schools, 85%; professionals, 6% hospitals, 4% community organizations,5%) | 158,242 |

Street worker (1)
Liaison with Boyle Street Community Centre, City Centre Co-operative Club, Operation Friendship, MacAuley Centre, Student Legal Service, Single Men's Hostel, Public Health Nursing Service, Co-operative Kitchen Ltd. (street agency) City Social Services.

Staff: 10

## EDMONTON REGION

### Half Way House

| | |
|---|---|
| Total admissions | 205 |
| Average length of stay | Five weeks |
| Employed on departure | 75 per cent |
| Referrals from: | AADAC Out Patient Clinic, Edmonton Day Clinic, Henwood, Fort Saskatchewan Provincial Jail, Belmont Institute. |

Staff: 7

## CALGARY REGION

### Out Patient Clinic

| | |
|---|---|
| Case load | 730 |
| Counselling interviews on intake | 640 |
| One-to-one or group counselling | 1,295 |
| Medical interviews | 199 |
| Group therapy participants | 339 |
| Hospital treatment groups | 53 |
| Hospital counselling services | 145 |
| Total patient interviews | 2,427 |

Staff: 13

### Community Services

| | |
|---|---|
| Total program participants | 11,325 |
| Community involvement | 1,295 |
| Business and industry | 720 |
| Medical, para-medical | 779 |
| Schools | 4,145 |
| Special projects, including summer school | 4,368 |

Staff: 13

### Calgary Correctional Institute

| | |
|---|---|
| New clients | 151 |
| Client interviews | 2,643 |
| Therapy groups | 297 |
| Group therapy participants | 3,074 |

Staff: 3

### Court Interviews

| | |
|---|---|
| At request of judiciary | 43 |

Half Way House

| | |
|---|---|
| Clients, September to December, 1973 | 43 |
| Total patient days | 836 |

Clients completing average 20-day rehabilitation were 100 per cent employed on departure.

Staff: 3

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# H E N W O O D

## ADMISSIONS

| | Male | Female | Total |
|---|---|---|---|
| Patients admitted to treatment | 563 | 138 | 701 |

## DEPENDENCY

| | Male | Female | Total |
|---|---|---|---|
| Primarily or exclusively alcohol | 535 | 119 | 654 |
| Primarily or exclusively drugs other than alcohol | 14 | 9 | 23 |
| Alcohol and other drugs | 14 | 10 | 24 |
| | 563 | 138 | 701 |

## SOURCE OF REFERRAL

| | | |
|---|---|---|
| Other AADAC agencies | 298 | |
| Physicians in private practice | 115 | |
| Other hospitals | 44 | |
| Other government agencies (Including Workers' Compensation Board, Correction Branch, I.D.P.) | 106 | |
| Industrial programs | 12 | |
| Miscellaneous | 126 | Total: 701 |

## DOMICILE AT TIME OF REFERRAL

| | | |
|---|---|---|
| Edmonton | 359 | |
| Calgary | 86 | |
| Other urban centres (Alberta) | 35 | |
| Rural points (Alberta) | 179 | |
| Out of province | 42 | Total: 701 |

## MARITAL STATUS OF PATIENTS

| | | |
|---|---|---|
| Single | 167 | |
| Married (including common-law) | 318 | |
| Separated | 106 | |
| Divorced | 86 | |
| Widowed | 24 | Total: 701 |

AGE OF PATIENTS

| | | |
|---|---|---|
| Under 20 years | 28 | |
| 21 - 30 | 170 | |
| 31 - 40 | 199 | |
| 41 - 50 | 172 | |
| 51 - 60 | 102 | |
| Over 60 years | 30 | Total: 701 |

LEVEL OF EDUCATION OF PATIENTS

| | | |
|---|---|---|
| No formal education | 4 | |
| Completed Elementary School | 54 | |
| Completed Junior High School | 227 | |
| Completed Senior High School | 335 | |
| College or University | 81 | Total: 701 |

DURATION OF TREATMENT

| | | |
|---|---|---|
| 1 - 5 days | 22 | |
| 6 - 10 days | 34 | |
| 11 - 15 days | 113 (1) | |
| 16 - 20 days | 49 | |
| 21 - 25 days | 65 | |
| 26 - 28 days | 418 (2) | Total: 701 |

(1) There is a 14-day program for "repeaters"
(2) The complete treatment program lasts 28 days

MISCELLANEOUS

| | | |
|---|---|---|
| Repeaters (Those admitted to 'repeater' program, after having previously undergone treatment at Henwood) | 74 Male<br>18 Female | Total: 92 |
| Collaterals (i.e. spouses, close relatives or other stable connections, brought in for several days to participate in certain parts of the treatment program) | 64 Male<br>166 Female | Total: 230 |
| Native people (Indian, Metis or Eskimo) | 64 | |

In addition to its treatment program, Henwood offers training to professionals, para-professionals and others whose occupations or interests bring them into contact with those suffering from alcoholism or other drug dependencies. The core of this training is a five-day, live-in, seminar-type program, followed in some cases by a second-level course, also of five days' duration.

PARTICIPANTS

| Male | Female | Total |
|---|---|---|
| 210 | 303 | 513 |

OCCUPATIONS OF PARTICIPANTS

| | | |
|---|---|---|
| Nurses in training | 160 | |
| Social Workers | 105 | |
| Courts & Correctional Institutions staff | 31 | |
| Parole & Probation Staff | 43 | |
| AADAC Staff | 29 | |
| Volunteers (i.e. not employed) | 31 | |
| Students (High School) | 47 | |
| Others | 67 | Total: 513 |

LOCALE OF PARTICIPANTS

| | | |
|---|---|---|
| Edmonton | 213 | |
| Calgary | 59 | |
| Other urban centres (Alberta) | 70 | |
| Rural Alberta | 103 | |
| Northwest Territories | 50 | |
| Other out-of-province | 18 | Total: 513 |

## RED DEER REGION

### Office case load

| | |
|---|---|
| Total clients | 450 |
| Counselling interviews (collaterals, 400) | 985 |

Referrals to clinic:

| | |
|---|---|
| 35% | medical |
| 30% | self-referral |
| 15% | other agencies |
| 5% | industrial |
| 15% | Alcoholics Anonymous |

Referrals from clinic:

| | |
|---|---|
| Medical doctors | 50 |
| Hospital treatment | 75 |
| Psychiatric consultations | 25 |

### Community Service

| | |
|---|---|
| Total contacts | 725 |
| Total participants | 1,800 |

| | |
|---|---|
| Schools | 900 |
| School administrators | 150 |
| Professional groups | 140 |
| Court and probation | 50 |
| Police | 50 |
| Business and industry | 20 |
| Clergy | 100 |
| Community groups and service clubs | 370 |

### Outreach Program

Regular weekly or bi-weekly contacts in 25 communities in region.

Staff: 5

## LETHBRIDGE REGION

### Office clients

| | |
|---|---|
| Patients | 100 |
| (Collaterals 20) | |

### Information groups

| | |
|---|---|
| Total groups | 27 |
| Group participants | 160 |

### Lethbridge Correctional Institution

| | |
|---|---|
| Therapy groups | 36 |
| Total participants | 230 |
| Client counselling | 45 |

### Community Services

| | |
|---|---|
| Total program contacts | 1,322 |
| Business and industry | 215 |

Total: 1,537

Staff: 5

## NORTHERN REGION

(Region established May, 1973)

### GRANDE PRAIRIE

Counsellor has co-ordinated and addressed seminars and workshops in Grande Prairie, Peace River, Grimshaw, Donnelly, Valleyview and MacLennan.

Participants included nurses, teachers, students, RCMP, social workers and probation officers.

Total participants: 1,978

Staff: 1

### HIGH PRAIRIE

Counsellor speaks to groups on Indian reserves, hospitals and provincial jail at Peace River.

Group meeting contacts: 1,100

One-to-one counselling in court house, hospital and office: 210

Staff: 1

### SLAVE LAKE

Counsellor involved in community activities, with workshops on alcoholism and drug addiction.

Contacts: 500

Staff: 1

ALBERTA IMPAIRED DRIVERS PROGRAM

Total number of persons completing the four-session course in Alberta centres during 1973:

| | |
|---|---|
| Edmonton | 724 |
| Calgary | 275 |
| Medicine Hat | 79 |
| Brooks | 48 |
| Lethbridge & area | 230 |
| Drumheller | 6 |
| Stettler | 16 |
| Wetaskiwin | 7 |
| Vermilion | 33 |
| Stand-Off | 48 |

Total: 1,466

# PROJECTS AND PROGRAMS FUNDED BY AADAC

## POUNDMAKER LODGE

28-day treatment program for natives, operated by natives.
Total clients, September to December, 1973 ..... 90.

## HOBBEMA DETOXIFICATION CENTRE

One-week treatment centre for natives, operated by natives.
Total clients, August to December, 1973 ..... 266.
Total client days ..... 572.

## STANDOFF RESERVE

Grant of $10,000 for salary of alcoholism counsellor to make calls on homes in Cardston (Standoff) Reserve.
Clients completing Impaired Driver Program ..... 48.

## BONNYVILLE TREATMENT CENTRE

Funding to set up office and assist native individuals to operate own treatment program in Bonnyville, St. Paul and Lac La Biche areas.

## POUNDMAKER SCHOOL

In July, 1973, AADAC funded a school in co-operation with the federal Health and Welfare and federal Indian Affairs departments, to train native counsellors.

## SADDLE LAKE

A four-month contract signed with an alcoholism counsellor to work on the Saddle Lake Reserve. Natives are attempting to develop a drop-in centre on the reserve.